

**Fall/Winter 2025 - Spring 2026 Rec Classes with Descriptions: UPDATED 5/2026**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Dance Like Ariy (DLA)</b> 4:30-5:00 PM Mrs Kayla</p> <p><i>All ages class for children with physical or intellectual disabilities, autism, or any other special needs. Please email us to discuss enrollment.</i></p>	<p><b>Tumble Tots</b> 4:30-5:00 PM Mrs Kayla</p> <p><i>Intro to Tumbling for ages 2-6</i> <i>*Non-recital class</i></p>	<p><b>8-10 yrs Lyrical</b> 5:00-6:00 PM Ms Malaya</p> <p><i>Recital Performances in June &amp; December. Lyrical: choreography is typically ballet based.</i></p>	<p><b>6-8 yrs Lyrical</b> 4:00-5:00 PM Ms Avery</p> <p><i>Recital Performances in June &amp; December. Lyrical: choreography typically ballet based</i></p>	<p><b>Ballet 10-13 yrs</b> 11:00-12:00 AM Mrs Sandra</p> <p><i>*Non-recital class</i></p>
<p><b>NOVICE Tumble</b> 6:00-7:00 PM Mrs Kayla &amp; Ms Malaya</p> <p><i>Ages 6+ for beginner tumblers. Technique only; no recital performance</i></p>	<p><b>6-10 yrs Jazz**</b> 5:00-6:00 PM Ms Malaya</p> <p><i>Recital Performances in June &amp; December.</i> <b>Pre-Comp</b> class.</p>	<p><b>2-4 yrs Jazz &amp; Tap</b> 6:00-7:00 PM Mrs Nicki</p> <p><i>Recital Performances in June &amp; December. Students learn two dances: jazz &amp; tap</i></p>	<p><b>Tumble Tots</b> 5:00-5:30 PM Mrs Kayla</p> <p><i>Intro to Tumbling for ages 2-6</i> <i>*Non-recital class</i></p>	<p><b>Ballet 14-15 yrs</b> 12:00-1:00 PM Ms Diana</p> <p><i>*Non-recital class</i></p>
<p><b>INTERMEDIATE Tumble</b> 7:00-8:00 PM Mrs Kayla &amp; Ms Malaya</p> <p><b>Required tricks:</b> <i>Bridge to &amp; from a stand, front limber, back walkover</i> <i>Technique only; no recital performance</i></p>	<p><b>Cheer (all ages)</b> 6:00-7:00 PM Mrs Nicki</p> <p><i>Students learn cheerleading basics, jumps, and beginner stunting. Students learn a cheer routine. Recital Performances in June &amp; December.</i></p>		<p><b>PeeWee Ballet</b> 5:00-6:00 PM Mrs Sandra</p> <p><i>Intro to Ballet ages 2-6</i> <b>Recital Performances in June &amp; December.</b></p>	<p><b>Ballet 16+yrs</b> 1:00-2:00 PM Mrs Sandra</p> <p><i>*Non-recital class</i></p>
<p><b>Pre-Teen Jazz &amp; Clog</b> 5:00-6:00 PM Ms Avery</p> <p><i>Recital Performances in June &amp; December. Students learn two dances: jazz &amp; clogging</i></p>			<p><b>6-10 Ballet</b> 6:00-7:00 PM Mrs Sandra</p> <p><i>Recital Performances in June &amp; December.</i></p>	<p><b>Dance Technique</b> 10:00-11:00 AM Staff</p> <p>Technique class only, no recital. All ages and ability levels. Dancers learn proper technique for turns, leaps, jumps, flexibility &amp; balance.</p>
<p><b>2-4 yrs Jazz &amp; Tap</b> 6:00-7:00 PM Mrs Nicki</p> <p><i>Recital Performances in June &amp;</i></p>			<p><b>4-6 Jazz &amp; Tap**</b> 6:00-7:00 PM Mrs Nicki</p> <p><i>Recital Performances in June &amp;</i></p>	<p><b>4-6 yrs Jazz &amp; Tap</b> 10:00-11:00 AM Ms Avery</p> <p><i>Recital Performances in June &amp;</i></p>

<i>December. Students learn two dances: jazz &amp; tap</i>			<i>December. <b>Pre-Comp</b> class.</i>	<i>December. Students learn two dances: jazz &amp; tap</i>
<b>9-12yrs Hip Hop</b> 7:00-8:00 PM Ms Avery  <i><b>Recital</b> performances in June &amp; December.</i>				<b>6-10 yrs Jazz &amp; Tap</b> 11:00-12:00 PM Ms Avery  <i><b>Recital</b> Performances in June &amp; December. Students learn two dances: jazz &amp; tap</i>
				<b>5-8 yrs Hip Hop</b> 12:00-1:00 PM Ms Avery  <i><b>Recital</b> Performances in June &amp; December.</i>

**\*\*Classes** with \*\* are *Pre-Competition* classes. These classes may be in 1 or more local competitions at the instructor's discretion. Please check before enrolling that the window for enrollment is open as these classes do close for competition season and re-open after June recital.